QUALITY REVIEW OF PERSONAL PLAN (Goal Plan)

Consumer’s name __________________________     Date reviewed _________________________

Case Manager’s Name ___________________________

LONG - TERM GOAL

YES     NO  Goal is taken from the “wants” section of the strengths assessment, that is, long-term goal clearly reflects what the person wants, what motivates him/her, not what others think they need to do

YES     NO  Goal is written in the person’s own words

SHORT - TERM GOALS (action steps/tasks)

YES     SOMETIMES     NO  Date is recorded that the action step is written

YES     SOMETIMES     NO  Goals are measureable (outcomes oriented)

YES     SOMETIMES     NO  Goals are achievable (broken down into small steps)

YES     SOMETIMES     NO  Goals are positive (what will be done rather than what will not be done)

YES     SOMETIMES     NO  Dates to be achieved are recovered (no ongoing)?

YES     SOMETIMES     NO  Are tasks being achieved and target dates recorded?

YES     SOMETIMES     NO  Is goal progress reflected in comments section?

YES     SOMETIMES     NO  Resources/information from the strengths assessment are reflected in the goal plan

YES     NO  The consumer has signed the plan

Taken from - The Strengths Model: Case Management with People with Psychiatric Disabilities Second Edition Charles A. Rapp & Richard J. Goscha